



10 Woodlands Drive 50
Singapore 738853
Telephone: (65) 62697410
Facsimile: (65) 63671165
Website:
www.woodlandspri.moe.edu.sg
Email: wdp@moe.edu.sg

Woodlands Primary School

Reference: 67 / 2017

28 June 2017

Dear Parents/Guardians,

PRIMARY 3 FUN SKIP PROGRAMME

As part of the school's Learning for Life Programme (LLP) in Sports Performance and Character Education (SPACE), we would like to offer the Fun Skip Programme – an introductory programme to rope skipping for all Primary 3 pupils in Semester 2. Rope Skipping is a sport for children of all ages and abilities, which helps towards the development and improvement of psychomotor skills, coordination, agility, flexibility, stamina and endurance.

2 All Primary 3 pupils are **strongly encouraged** to participate in this programme. The objectives of the programme are stated below.

- To be equipped with basic rope skipping skills
- To learn level one single rope tricks, long rope skills and partner skills
- To develop pupils' confidence, character and positive attitude through sports participation
- To increase physical activities amongst our pupils through a structured programme and enhance the physical health and well-being of our pupils as part of holistic education

3 The programme comprises of **3 lessons on Mondays, from 2.15pm to 3.45pm**. The duration of each lesson is 90 minutes. It will be conducted outside curriculum hours by qualified skipping coaches in our school hall.


4 The skipping schedule (Annex A) is attached for your reference.

5 The cost of the programme is fully subsidized by the school. Please ensure the attendance of your child/ward for all skipping lessons. Your child/ward needs to produce a valid medical certificate to the teachers-in-charge on the following session in the event if he/she is sick and not able to turn up.

6 Should you need further information, please contact Ms Chua Minli at 6269 7410 during school's office hour.

7 Please submit the completed **Reply Slip** to the form teacher by **30 June 2017**. We look forward to your child/ward's participation.

Yours sincerely,


Mrs Amy Soh
HOD PE, CCA & Aesthetics

Annex A

PRIMARY 3 FUN SKIP PROGRAMME

Day: Monday

Time: 2.15 p.m. to 3.45 p.m.

Venue: School Hall

Term	Week	Date	Classes	Lesson / Remarks
3	1	26/06/17	-	No Lesson (Hari Raya Puasa)
	2	03/07/17	-	No Lesson (Youth Day)
	3	10/07/17	Passion 1 & 3	Lesson 1
	4	17/07/17		Lesson 2
	5	24/07/17		Lesson 3 (end)
	6	31/07/17	Passion 2 & 5	Lesson 1
	7	07/08/17		Lesson 2
8	14/08/17	Lesson 3 (end)		

Term	Week	Date	Classes	Lesson / Remarks
4	1	11/09/17	-	No Lesson – (1 st day of term)
	2	18/09/17	Passion 4, 6A & 6B	Lesson 1
	3	25/09/17		Lesson 2
	4	02/10/17		Lesson 3 (end)

Reply Slip

(to be returned to the form teacher by 30 June 2017)

PRIMARY 3 FUN SKIP PROGRAMME

Name of child: _____

Class: P3 Passion _____

FAS: Yes / No

Please tick only 1:

I **allow** my child to participate in the Fun Skip Programme.

Please take note of my child's medical condition (if any): _____

I **do not allow** my child to participate in the Fun Skip Programme because

(Please tick where applicable)

The timing is not suitable

Others (_____)

Parent's Signature : _____

Parent's Name : _____

Contact Number (1) : _____

Contact Number (2) : _____

Date : _____